

GANGA ANAESTHESIA REFRESHER COURSE 2025



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GARC2025

Organised by Department of Anaesthesia, Ganga Hospital, Coimbatore - India.



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30th January - 02nd February 2025

SCIENTIFIC AGENDA

DAY 1	30 th JAN 2025 - THURSDAY	GARC2025 
TIME	WORKSHOP	COURSE DIRECTOR
7.00 - 8.00 am	Registration	
8.00 - 4.00 pm	Nerve Blocks: USG & PNS (Workshop 1) - Basic <i>Location: A Block, 6th Floor, Auditorium & Hall A</i>	Dr J Balavenkat Coimbatore
	Nerve Blocks: USG & PNS (Workshop 2) - Advanced <i>Location: A Block, 6th Floor, Auditorium & Hall A</i>	Dr J Balavenkat Coimbatore
	Perioperative POCUS (Workshop 3) <i>Location: A Block, 6th Floor, Hall C</i>	Dr Amit Dixit Pune Dr Vinayak Desurkar Pune
	TIVA & TCI (Workshop 4) <i>Location: A Block, 6th Floor, Hall B</i>	Dr Subramanyam Mahankali Bangalore
	High Risk Obstetrics (Workshop 5) <i>Location: Ram Nagar, Ganga Hospital (2Kms from conference venue)</i>	 Dr Sunil Pandya Hyderabad
	Research Methodology (Workshop 6) <i>Location: A Block, 6th Floor, Faculty Room</i>	Dr J V Divatia Mumbai
	Peri-Operative Physician Series (Workshop 7) <i>Location: A Block, Ortho Physio Basement</i>	Dr Senthilkumaran UK
	Simulation Workshop (Workshop 8) <i>Location: A Block, Basement, Spine Lab</i>	Dr Vaibhavi Uphadhye Pune Dr Sheetal Dixit Pune
	Storytelling and Presentation Skills for Medical Professionals (Workshop 9) <i>Location: A Block, 4th Floor, Seminar Hall</i>	Mr Pradeep Yuvaraj Coimbatore



DAY 1	30 th JAN 2025 - THURSDAY	GARC2025
TIME	TOPIC	FACULTY
5.00 pm onwards	GARC Leadership Summit 2025 at GANGA HOSPITAL AUDITORIUM (6 th floor)	 ANAESTHESIA LEADERSHIP SUMMIT 2025
5:00 - 5:10 pm	Welcome Dance	Dr Keerthy Soman Kerala
5:10 - 5:20 pm	Welcome Address, Pledge & Lamp Lighting Torch Bearers: Prof K Balakrishnan , Chennai Prof S Raja Sabapathy , Director - Ganga Hospital Smt Kanakavalli Shanmuganathan , Managing Director - Ganga Hospital Padma Shri Dr Maya Tandon , Jaipur Dr Adrian W Gelb , Past President WFSA Shri A K Gupta , National President, Neon Laboratories Dr Tony Gin , Co-chair, Scientific Committee, WCA2026	Dr J Balavenkat Coimbatore
5:20 - 5:35 pm	Global Leadership Challenges and Opportunities	Dr Adrian W Gelb, USA Past President WFSA
5:35 - 5:40 pm	Introduction of Mr Ramabadrnan Gopalakrishnan	Dr Nilesh Naphade Ratnagiri
5:40 - 6:25 pm	<i>Experiences of Individual and Organisation Excellence</i>	<i>Mr Ramabadrnan Gopalakrishnan</i> <i>Former Executive Director</i> <i>Tata & Sons, Mumbai</i>
6:25 - 6:35 pm	Presentation of the Special Recognition Award and Acceptance Speech	Padma Shri Dr Maya Tandon Jaipur



ANAESTHESIA LEADERSHIP SUMMIT 2025

DAY 1	30 th JAN 2025 - THURSDAY	GARC2025 
TIME	TOPIC	FACULTY
6:35 - 7:00 pm	<p><i>Presentation of Distinguished Mentor Award</i></p> <p>Awardee:</p> <p><i>Prof Elsa Varghese, Bangalore</i> <i>Prof Rajeshwari S, New Delhi</i> <i>Prof Umamaheshwara Rao, Bangalore</i> <i>Prof HH Dash, Gurgaon</i> <i>Prof Lalita Naik, Mumbai</i> <i>Maj Gen Naudeep Sethi, Ghaziabad</i> <i>Prof Sunanda Gupta, Udaipur</i></p>	 <p>DISTINGUISHED MENTOR AWARD</p>
7:00 - 7:05 pm	<i>Presentation of the Innovation Award 2025</i>	<i>Dr Abdul Nasser New Delhi</i>
7:05 - 7:15 pm	<i>Leadership Challenges in Low Resource Areas</i>	<i>Dr Elizabeth Nwasor Nigeria</i>
7:15 - 7:25 pm	<i>Leadership in Healthcare: Dubai Health</i>	<i>Dr Mansour Dubai</i>
7:25 - 7:35 pm	<i>Leadership Across Generations: Perspective of Two Generations</i>	<i>Dr Autar Singh Ludhiana</i> <i>Dr Tejinder Singh Iowa</i>
7:35 - 7:40 pm	<i>Mentoring the Current Generations: My Insights</i>	<i>Dr Surekha Shinde Pune</i>
7:40 - 7:45 pm	<i>Summing Up & Vote of Thanks</i>	<i>Dr Sudhakar Koppad Bangalore</i>
7:45 pm	<i>National Anthem followed by Dinner</i>	





ANAESTHESIA LEADERSHIP SUMMIT 2025

DAY 2	31 st JAN 2025 - FRIDAY	GARC2025 
TIME	TOPIC	FACULTY
 First International Conference of Anaesthesia Patient Safety Forum, India		
7.00 am Onwards	Registration starts	
7.30 - 7.55 am	Devotional Songs	Dr Sudheesh Kannan, Bangalore Dr N Basker, Chennai
8.00 - 8.10 am	Welcome Address	Dr J Balavenkat Coimbatore
8.10 - 9.10 am	SESSION 01 - Plenary Chairpersons: Dr Harsha Shanthanna, Dr SS Harsoor, Dr Bala Bhaskar	
8.10 - 8.25 am	Anaesthesia – Model for Patient Safety in Health Care	Dr Murali Thondebhavi Bangalore
8.25 - 8.40 am	Zero Harm & Never Events: Achievable or Aspirational or Unattainable?	Dr Sunil Pandya Hyderabad
8.40 - 9.00 am	"De-biasing" in Anaesthesia Practice	Dr Senthilkumaran UK
9.00 - 9.10 am	Q&A SESSION	
9.10 - 10.05 am	SESSION 02 - Anaesthesia Patient Safety Lessons Learnt Chairpersons: Dr Pal Siualingam, Maj Gen Naudeep Sethi	
9.10 - 9.25 am	ASA Closed Claim Studies	Dr Bhavani Shankar Kodali USA
9.25 - 9.40 am	Saving Mothers' Lives	Dr Shobana Murugan USA
9.40 - 9.55 am	Empowered Care in Anaesthesia to Promote Patient Safety	Dr Rahul Deshmukh Dubai
9.55 - 10.05 am	Q&A SESSION	
10.05 - 10.40 am	SESSION 03 - Preventing Complications In Anaesthesia Chairpersons: Dr Kannan , Prof Elsa Varghese, Prof Umamaheshwara Rao	
10.05 - 10.20 am	Aviation & Anaesthesia	Dr Hemant Shinde Mumbai

DAY 2	31 st JAN 2025 - FRIDAY	GARC2025 
TIME	TOPIC	FACULTY
10.20 - 10.35 am	Overcoming the "The Swiss Cheese" Trap	Dr Shishir Chandrasekar Bangalore
10.35 - 10.40 am	Q&A SESSION	
10.40 - 11.00 am	<p>Inauguration of Ganga Art Gallery by Smt. Kanakavalli Shanmuganathan Location: A Block, 6th Floor - Hall A</p>  <p> Tea Break</p>	<p>Contributors: Dr Danish Azam, Bangalore Dr Maya Bhalariao, Pune Dr Madhav Sathe, Mumbai Dr Sheetal Dalal, Nagpur Dr Tanmoy Das, Kolkata Dr Venugopal Nori, Andhra Pradesh</p>
11.00 - 12.10 pm	<p>SESSION 04 - Preventing Complications In Anaesthesia Chairpersons: Dr Kameshwara Rao, Dr Nabil A Shallik, Dr Sudhakar Koppad</p>	
11.00 - 11.12 am	Human Factors	Dr Lallu Joseph Vellore
11.12 - 11.24 am	Equipment Factors	Dr Sheetal Dixit Pune
11.24 - 11.36 am	Patient Factors	Dr Anju Grewal Bhatinda
11.36 - 11.48 am	Educational Factors	Dr Vaibhavi Uphadhye Pune
11.48 - 12.05 pm	Sensors in Digital Health and Perioperative Outcome	
12.05 - 12.10 pm	Q&A SESSION	
12.10 - 12.50 pm	<p>APSF Oration Chairpersons: Dr J V Divatia, Dr Rebecca Jacob, Dr Manju Bhutani</p>	
12.10 - 12.15 pm	Introduction of Dr Adrian W Gelb	Dr Rebecca Jacob Bangalore
12.15 - 12.45 pm	A Global Perspective on Patient Safety	Dr Adrian W Gelb USA
12.45 - 12.50 pm	Presentation Ceremony	

DAY 2	31 st JAN 2025 - FRIDAY	GARC2025 
TIME	TOPIC	FACULTY
12.50 - 1.20 pm	APSF QUIZ Quiz Master: Dr Archana Areti, Coimbatore and Dr Amjad Maniar, Bangalore	
1.20 - 2.00 pm	Lunch 	
2.00 - 3.20 pm	SESSION 05 - To ERR Is An Accident! Chairpersons: Dr Rakesh Garg, Dr M V Bhimeshwar, Dr Shobana Rajan	
2.00 - 2.10 pm	Preventing Peri-Operative Medication Errors	Dr Jayashree Sood New Delhi
2.10 - 2.20 pm	Non-Technical Skills in Anaesthesia	Dr Ekta Rai Vellore
2.20 - 2.30 pm	Hands-off of Surgical Patient	Dr Kajal Jain Chandigarh
2.30 - 2.40 pm	Patient Safety in Critical Care	Dr Kannan UK
2.40 - 2.50 pm	Patient Safety in Regional Anaesthesia	Dr Prit Anand Singh Singapore
2.50 - 3.00 pm	Patient Safety in Paediatric Anaesthesia	Dr S Ramesh Chennai
3.00 - 3.10 pm	Anaesthesia Patient Safety Officer: Need of the Hour	Dr Vasundra Atre Bangalore
3.10 - 3.20 pm	Q&A SESSION	
3.20 - 4.00 pm	SESSION 06 - Best Practices Chairpersons: Prof Lalita Naik, Prof HH Dash, Dr Elizabeth Nwasor	
3.20 - 3.30 pm	Safety during NORA	Dr K S Marudhachalam Australia
3.30 - 3.40 pm	HAIs – Best Practice Guidelines	Dr J V Divatia Mumbai
3.40 - 3.50 pm	Critical Incident & Near Miss Audits	Dr Vennila Rajagopal Chennai
3.50 - 4.00 pm	Q&A SESSION	

DAY 2	31 st JAN 2025 - FRIDAY	GARC2025 
TIME	TOPIC	FACULTY
4.00 - 4.30 pm	SESSION 07 - CRM - The way Forward <i>Chairpersons: Dr GL Ravindra, Dr Kuchela Babu</i>	
4.00 - 4.15 pm	CRM – A Pathway to Optimal Decision Making	Dr Senthilkumaran UK
4.15 - 4.25 pm	Prizes – APSF Champions & Quiz	
4.25 - 4.30 pm	Valedictory Function	
4.30 pm Onwards	Depart to ISHA  Visit to Adhi Yogi / Sounds of Isha / Divya Dharshan the Laser show / Satvik Dinner Expected time of return to conference venue - 9.30 PM	



DAY 3	01 st FEB 2025 - SATURDAY	GARC2025 
TIME	TOPIC	FACULTY
7.00 - 8.30 am	<p><i>Breakfast & Live Surgery</i></p> <p>Floor Coordinators: <i>Dr Sachin George, Kochi</i> <i>Dr Javed Khan, Indore</i> <i>Dr Danish Azam, Bangalore</i></p>	<p><i>Dr TVS Gopal</i> <i>Hyderabad</i></p> <p><i>Dr Sandeep Diwan</i> <i>Pune</i></p> <p><i>Dr Vrushali Ponde</i> <i>Mumbai</i></p> <p><i>Dr Amjad Maniar</i> <i>Bangalore</i></p> <p><i>Dr Ritesh Roy</i> <i>Bhuaneshwar</i></p> <p><i>Dr Hetal Vadera</i> <i>Rajput</i></p>
8.35 - 9.40 am	<p>SESSION 01 <i>Chairpersons: Dr Kalpana Kelkar, Dr Kumaraswamy, Dr Kajal Jain</i></p>	
8.35 - 8.55 am	<i>Intubation Injuries in Children - Key Take Aways</i>	<i>Dr S Ramesh</i> <i>Chennai</i>
8.55 - 9.15 am	<i>Chronic Postsurgical Pain: Role of Genetics and Microbiome</i>	<i>Dr Tony Gin</i> <i>Hongkong</i>
9.15 - 9.35 am	<i>Hypotension – How the brain Sees It</i>	<i>Dr Adrian W Gelb</i> <i>USA</i>
9.35 - 9.40 am	Q&A SESSION	
9.40 - 10.45 pm	<p>SESSION 02 <i>Chairpersons: Dr Venkatagiri, Dr Madhav Sathe</i></p>	
9.40 - 10.00 am	<i>Videolaryngoscopy Unlocked : Strategies for Excellence</i>	<i>Dr Apkesh Patwa</i> <i>Vadodara</i>
10.00 - 10.20 am	<i>Airway Management in Cesarean Sections: Protocols, Pitfalls, and Pearls</i>	<i>Dr Amit Shah</i> <i>Vadodara</i>
10.20 - 10.40 am	<i>Cognitive Bias and Decision Making</i>	<i>Dr Harsha Shanthanna</i> <i>Canada</i>
10.40 - 10.45 am	Q&A SESSION	

DAY 3	01 st FEB 2025 - SATURDAY	GARC2025
TIME	TOPIC	FACULTY
10.45 - 11.00 am	Tea Break 	
11.00 - 12.05 pm	SESSION 03 Chairpersons: Dr Netra, Dr Suvarna, Dr Langpoklakpam Chaoba Singh	
11.00 - 11.15 am	How to Enhance our Visibility as an Anesthesiologist	Dr Nilesh Naphade Ratnagiri
11.15 - 11.30 am	Fascinating Facts about Regional Anesthesia & Analgesia	Dr Sandeep Diwan Pune
11.30 - 11.45 am	Aging, Geroprotector and Surgery	Dr Sophia Chew Singapore
11.45 - 12.00 pm	Capnography: How to get Maximum Benefit?	Dr Bhavani Shankar Kodali USA
12.00 - 12.05 pm	Q&A SESSION	
12.05 - 1.10 pm	SESSION 04 Chairpersons: Dr Pankaj Gupta, Dr Sujeet Rai, Dr Venugopal	
12.05 - 12.20 pm	Implementing Your Plans at Work Place: The Science in the Art	Dr Swagata Tripathy Bhuvaneshwar
12.20- 12.35 pm	Pharmacogenetics and Anesthesiology	Dr Kiran Deep Sandhu Nashik
12.35- 12.50 pm	Dilemmas and Decision Making in Anesthesia Management of Sub-Arachnoid Hemorrhage	Dr Shobana Rajan USA
12.50 - 1.05 pm	Anaesthesia for Pheochromocytoma	Prof Rajeshwari S New Delhi
1.05- 1.10 pm	Q&A SESSION	

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DAY 3	01 st FEB 2025 - SATURDAY	GARC2025 
TIME	TOPIC	FACULTY
1.10 - 2.00 pm	<p>Lunch Break & Live Surgery</p> <p>Floor Coordinators: Dr Archana Areti, Coimbatore Dr Ujjwal Dudhedia Raj, Mumbai Dr Sudhakar Koppad, Bangalore</p>	<p>Dr TVS Gopal Hyderabad</p> <p>Dr Sandeep Diwan Pune</p> <p>Dr Vrushali Ponde Mumbai</p> <p>Dr Amjad Maniar Bangalore</p> <p>Dr Ritesh Roy Bhuaneshwar</p> <p>Dr Hetal Vadera Rajput</p>
2.00 - 3.15 pm	<p>SESSION 05 Chairpersons: Dr Surekha Shinde, Dr Deepak Malaviya, Dr Leena Patil</p>	
2.00 - 2.15 pm	Antifragility: Growing Stronger Through Adversity	Dr Murali Thondebhavi Bangalore
2.15 - 2.30 pm	Leadership: My Insights	Dr M V Bhimeshwar Vijayawada
2.30 - 2.45 pm	Majestic Roar: Capturing the Essence of Tigers Through My Lens	Dr Danish Azam Bangalore
2.45 - 3.00 pm	Advancing Anesthesia Education: Innovative Infographics and Videographics as New Learning Tool	Dr Tushar Choksi Vadodara
3.00 - 3.15 pm	Perioperative Hypothermia (Session Sponsored by 3M)	Dr Bala Bhaskar Bellari
3.15 - 4.15 pm	<p>SESSION 06 Chairpersons: Dr Shanmugam, Dr Neeraj , Dr Chakara Rao</p>	
3.15 - 3.25 pm	Metamorphosis into an Intensivist from an Anesthesiologist	Dr Guruprasad Gadag
3.25 - 3.35 pm	Tele-ECHO and Tele-ICU: Challenges and Possibilities, An Indian Experience	Dr Amruta Datye Sangli
3.35 - 3.45 pm	Thoracic Anesthesia: An Update	Col Sureshbabu New Delhi

DAY 3	01 st FEB 2025 - SATURDAY	GARC2025
TIME	TOPIC	FACULTY
3.45 - 3.55 pm	Let's Make Kindness Contagious	Prof Sunanda Gupta Udaipur
3.55 - 4.05 pm	Crisis, Conflict and Care: The Anaesthesiologist Journey in the Valley during the Testing Times	Dr Nandita Mehta Jammu
4.05 - 4.15 pm	Q&A SESSION	
4.15 - 4.45 pm	Results of International Photography Contest Lead Organiser: Dr Danish Azam Jury Members: Mr Mohan Thomas, Mr Prakash Ramakrishnan, Mr Arun Kumar Krishnaiah, Mr Amit Rane	INTERNATIONAL LEVEL PHOTO GRAPHY COMPETITION
4.45 - 5.00 pm	Results of International Painting Contest Lead Organiser: Dr Maya Bhalerao Jury Members: Mr Rajendra Patil & Mr Anil Verghese	
5.00 - 6.00 pm	Dr V RAVINDRA BHAT ORATION 	
5.00 - 5.10 pm	Invocation Dance	Dr Bhuvaneshwari Nagpur
5.10 - 5.15 pm	Remembering Our Chairman Dr J G Shanmuganathan for his Phenomenal contribution to the fraternity of anesthesia by Presenting the Dr J G Shanmuganathan Best Publication Award for the year 2025	Dr J Balavenkat Coimbatore
5.15 - 5.20 pm	Introduction of Dr V Ravindra Bhat	Dr S Rajasabapathy Coimbatore
5.20 - 5.25 pm	Introduction of the Orator	Dr J Balavenkat Coimbatore
5.25 - 5.30 pm	Presentation of Oration Award	
5.30 - 6.00 pm	Professional Excellence, the Way Forward: My Insights	Dr Sunil Pandya Hyderabad



DAY 3	01 st FEB 2025 - SATURDAY	GARC2025 
TIME	TOPIC	FACULTY
6.00 - 6.20 pm	<p><i>Hall of Fame Awards</i></p> <p>Awardees: <i>Dr V Jaichandran, Chennai</i> <i>Dr Jennyl Maclean, Kanyakumari</i> <i>Dr Balaji Asegaonkar, Aurangabad</i> <i>Dr Keerthi Chigurupati, Vijayawada</i> <i>Dr Saranya Nagalingam, Chennai</i> <i>Dr M Periyaswamy, Pudukotai</i></p>	 <p>HALL OF FAME AWARDS</p>
6.20 - 6.25 pm	VOTE OF THANKS	
7.30 pm Onwards	<p><i>The Mega Show: ROYAL MONARCHS OF INDIA - Directed by Dr Nilesh Naphade, Ratnagiri</i></p> <p>MUSICAL NIGHT</p> <p><i>Banquet Dinner at Hotel Hash 6</i></p>	



DAY 4	02 nd FEB 2025 - SUNDAY	GARC2025 
TIME	TOPIC	FACULTY
7.00 - 7.25 am	ISHA Yoga Practice	
7.30- 8.30 am	SESSION 07 Chairpersons: Dr Avtar Singh, Dr Vandana Mangal, Dr Jayanti Bhate	
7.30 - 7.45 am	Patient Blood Management: The Essentials	Dr Bishwas Pradhan Nepal
7.45 - 8.00 am	Awake Breast Surgeries Under Segmental Spinal Anaesthesia	Dr Richa Chandra Bariely
8.00 - 8.15 am	POCUS in Pediatric Anaesthesia: Insights	Dr Vrushali Ponde Mumbai
8.15 - 8.30 am	Lumbar Facet Mediated Pain and its Management	Dr Tejinder Singh Iowa
8.30 - 9.00 am	Breakfast 	
9.00 - 9.30 am	KEY NOTE ADDRESS: Managing Success & Failure	Dr S Rajasekaran Coimbatore
9.30 - 11.00 am	SESSION 08 Chairpersons: Dr Binil, Dr Paul O Raphael, Dr Manoj kumar	
9.30 - 9.50 am	Institutionalization of Paediatric Private Practise: My Insights	Dr Dilip Chavan Mumbai
9.50 - 10.10 am	Perioperative Optimisation of Lung Function in COPD	Dr Naman Shastri Ahmedabad
10.10 - 10.30 am	Perioperative Myocardial Infarction: Insights	Dr Ranjith Karthikeyan Chennai
10.30 - 10.50 am	Primary Pulmonary Hypertension - Perioperative Challenges	Dr TVS Gopal Hyderabad
10.50 - 11.00 am	Q&A SESSION	
11.00 - 12.10 pm	SESSION 09 Chairpersons: Col Sureshbabu, Dr Manoj Tripathy, Shri Krishna Joshi	
11.00 - 11.15 am	Self Neglect-Pause and Reflect	Dr Ranju Singh New Delhi

DAY 4	02nd FEB 2025 - SUNDAY	GARC2025
TIME	TOPIC	FACULTY
11.15 - 11.30 am	<i>The Hidden Menace</i>	<i>Dr Pal Sivalingam Australia</i>
11.30 - 11.45 am	<i>Neural Inertia and Anaesthesia Hysteresis</i>	<i>Dr Tony Gin Hongkong</i>
11.45 - 12.00 pm	<i>Women Leadership in Anaesthesia: The Challenges</i>	<i>Dr Elizabeth Nwasor Nigeria</i>
12.00 - 12.10 pm	Q&A SESSION	
12.10 - 2.00 pm	SESSION 10 <i>Chairpersons: Dr Abishek Basuki, Dr Javed Khan</i>	
12.10 - 12.25 pm	<i>Optimising High Risk Patients</i>	<i>Dr Sophia Chew Singapore</i>
12.25 - 12.40 pm	<i>How to Remain Physiologically Young as You Age</i>	<i>Dr AL Meenakshisundaram Thanjavur</i>
12.40 - 12.55 pm	<i>Physician Burnout - A Real Crisis in Health Care</i>	<i>Dr Tanmoy Das Kolkata</i>
12.55 - 2.00 pm	<i>Zero Mortality of Surgical Patient - Simulation Based Learning</i>	<i>Dr Vaibhavi Uphadhye Pune Dr Sheetal Dixit Pune</i>





CONFERENCE SECRETARIAT

Dr J. Balavenkatasubramanian

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