

Dr. N. Saranya

Department of Cardiac Anaesthesia, Sri Ramachandra Institute of Higher Education and Research, Chennai

Dr. N. Saranya is a distinguished Cardiac Anaesthesiologist and Research Scholar dedicated to advancing patient care and alleviating human suffering through expert practice and innovative research. Currently affiliated with the Department of Cardiac Anaesthesia at the Sri Ramachandra Institute of Higher Education and Research in Chennai, Dr. Saranya brings a wealth of experience in Anaesthesia and Intensive Care Unit (ICU) management, where she has skillfully managed complex emergency cases, collaborated across specialties, and taught protocols to medical staff for enhanced patient outcomes.

Career Objectives

Driven by a commitment to excellence in healthcare, Dr. Saranya seeks to leverage her skills and experience to make a lasting impact. Her dedication to patient welfare and skill development is complemented by her focus on treating a diverse patient population while contributing to the growth and reputation of her institution.

Experience

Dr. Saranya's tenure in the department of anaesthesia and tertiary ICU setting equipped her with expertise in emergency patient management, triage, diagnostic evaluation, and care planning. She actively oversees ICU rounds, collaborates closely with consulting physicians, and guides junior doctors and nursing staff to ensure high standards in patient care.

Academic Distinctions

Dr. Saranya holds distinctions in Physiology and Pathology, underscoring her academic prowess. Her career includes active involvement as an editor and reviewer for notable journals, and she is a Life Member of the Universal Society for Research and Development.

Awards and Recognition

Dr. Saranya's work has earned her several awards, including:

- *First Prize* in poster presentations on global healthcare issues and microbial drug resistance.
- *Young Woman Researcher Award* (2022) by the University Society of Research and Development.
- *Research Excellence Award* (2023) at the International Conference Advancing Knowledge in Agricultural, Life Sciences, and Engineering.
- *International Iconic Researcher Award* for her outstanding research and social contributions (2024).

Notable Presentations

Dr. Saranya has presented at prestigious conferences, including AIIMS and AIMST University, covering topics from geriatric depression to anesthetic techniques. Her research has spanned from social impacts of technology use to innovative case studies in anesthesiology.

Special Interests

Dr. Saranya is deeply invested in geriatric and pediatric anesthesia, emergency care, and patient-centered research. She continuously seeks to advance knowledge in cardiac anesthesia and ICU management through clinical excellence and research.